

# KUMITE CLINIC

HOSTED BY KARATE NOVA SCOTIA

GABRIEL SYLLA WAYNE OTTO



## SCHEDULE - APRIL 28TH-30TH

### FRIDAY

Halifax Ryuseikan Karate Club

6:00pm - 7:30pm - ages 11 to 15 (Wayne Otto)

7:45pm - 9:15pm - ages 16+ (Wayne Otto)

### SATURDAY

Cole Harbour High School

9:00am - 10:00am - ages 7 to 10 (Gabriel Sylla)

9:00am - 10:30am - ages 11 to 15 (Wayne Otto)

10:45am - 12:15pm - ages 16+ (Wayne Otto)

Lunch

2:00pm - 3:30pm - ages 11 to 15 (Wayne Otto)

3:30pm - 5:00pm - ages 16+ (Wayne Otto)

### SUNDAY

Cole Harbour High School

9:00am - 10:00am - ages 7 to 10 (Wayne Otto)

9:00am - 10:30am - ages 11 to 15 (Gabriel Sylla)

10:45am - 12:15pm - ages 16+ (Wayne Otto)

Lunch

2:00pm - 3:30pm - S&C session for ages 11+ (Gabriel Sylla)

3:30pm - 5:00pm - ages 11+ (Wayne Otto)

**FEES:** 7-10 yrs old - \$35 per class, \$60 for the weekend

11 yrs and older - \$45 per class, \$80 per day, \$150 for the weekend

**REGISTER:** <https://karatens.org/events/kns-athlete-coach-development-clinic-otto-event/>